VEER NARMAD SOUTH GUJARAT UNIVERSITY, SURAT.

B.A. SEMESTER-V

PSYCHOLOGY PAPER – XI (11)

(Methodology in Psychology and Psychological Statistics-I)

(To Come in force from June-2013)

University Exam : 70 Marks
Internal Exam : 30 Marks
Total : 100 Marks

Note : 1 Methodology in Psychology - 35 Marks
2 Psychological Statistics - 35 Marks
70 Marks

UNIT – I

1 Science
- Definition of Science
- Characteristics of the Scientist
- Goals of Science
- Necessary Conditions of Scientific method

2 Experiment
- Introduction
- Definition and characteristics
- Variables
- Experimental group and Control group
- Experimental errors
- Stages of experimental work
UNIT – II

3  Psychophysical Methods
   -  Introduction and Definition
   -  Uses of Psychophysical methods
   -  Types of Psychophysical methods
   -  Method of Minimal Changes
   -  Method of Constant Stimuli
   -  Method of Average error
   -  Rank-order method
   -  Paired Comparison method.

4  Survey Method
   -  Introduction
   -  Definition and Nature
   -  The Purpose of Surveys
   -  The Subject matter of Surveys
   -  The main Survey Planning Problems
   -  Pre-tests and Pilot Surveys
   -  Various type of surveys

UNIT – III

5  Statistics and Measurement
   -  Definition
   -  Importance of Statistics in Psychology
   -  Meaning of Scores Type of Scores
   -  Accuracy in Statistical computation

6  Frequency Distribution
   -  Classification
   -  Definition
- Type of Classification
- Discrete Series and Continuous Series.
- Meaning of Various Words - Frequency, Class, Class limits, Class interval, Mid-value etc.
- Graphic methods of Presentation
- Type of graph- Histogram or Column diagram, Frequency polygon, Frequency Curve, Cumulative Frequency Curve.

**UNIT – IV**

7 **Measures of Central Tendency**
- Long and short methods of Computing the mean.
- Computing Median
- The Mode
- Uses and limitations of Mean, Median and Mode

8 **Quartiles, Deciles and Percentiles**
- Quartiles (Q)
- Deciles (D)
- Percentiles (P)
  Computing There of

**Reading**
1. Anderson B.F.
2. Zimmy George H,
3. Noser C.A.
4. Guilford J.P.
5. Anastasi A.
6. Young Palline V.
   'Scientific Social Surveys and Research’, New Delhi, India.
7. Festinger L. and Katz D.
   Research methods in behavioural Sciences’
   New Delhi, Amerind-1970.
8. Garrett H.E.
   'Elementary Statistics New York, Langmans Green & Com.
9. Dowhie N.M. and Health R.V.
   'Basic Statistical Methods’, Harper national student
10. Ujamshi Kapadiya, Shah & Patel
    'Methodology in Psychology with Statistics’, Anada Prakashan,
    Ahmedabad.
OBJECTIVES:
Aim of syllabus is to familiarize with the counseling importance the nature of counseling highlight various application fields of counseling and use of different counseling techniques.

UNIT -1

1– INSTRUCTION OF COUNSELING:
What is counseling & various Definitions of counseling.
Meaning and purpose of counseling.
Types of counseling.
Goal of counseling and it's classification.
The scope of counseling with reference to India.

2– CLASSIFICATION OF THE PROBLEMS:
– Indian student's problems.
– Need of counseling.

UNIT-2

3– ROLE OF COUNSELOR:
– Motive of counselor.
– Who can become counselor.
– Education and Training required for counselor.
– Professional issues concerning counselor.
– Ethics involved with the job of counselor.
UNIT-3

4– APPLICATION OF COUNSELING :
   – Counseling fields.
   – Counseling requirements.

5– COUNSELING HISTORY AND DEVELOPMENT :
   – Stages of development.
   – Counseling in America.
   – Present stages of counseling development.
   – Counseling in India.

UNIT-4

6– PROCESS OF COUNSELING :
   – Stages of counseling process.
   – Counseling environment.
   – Interview process for counseling.
   – Approach required for counseling.

REFERENCE BOOKS- JOURNALS

3– "Psychological Counseling in India" by Fuster J.M. Macmillan Company (1964)
5– "Stress and its management by Yoga" by Udupa, K.N. Publisher, Motilal Bansari Das. (1985)
6– "Counseling, Theory and Process" by Hansen J.C., Stevic R.R. & Warner R.W. Publisher Allyn and Bacon Inc.
7– "Guidance and Counseling in India Education" by Prem pasricha publisher, NCERT, New Delhi (1976)
9– "Counseling in Action" by Windy D. Publisher, Sage Publication (1988)
10– "Salah Manovigyan" by Dr. S.T. Patel Publisher University Grant Nirman
11– "Salah Manovigyan" by Prof. C.B. Dave, K.K. Mehta Publisher Viral prakashan.
OBJECTIVES:
1– To impart knowledge about the normality and abnormality
2– To make students understand the nature and course of various abnormal conditions.
3– To impart knowledge and skills needed for psychological assessment of different abnormal conditions.

CONTENTS:
UNIT-1
1– Introductions to psychopathology: The concept of normality and abnormality
2– Signs and symptoms of Mental illness: Delusions, Hallucinations, obsessions, compulsions etc.,
UNIT-2
3– Psychological Models of psychopathology; psychodynamic, Behavioural, Cognitive Behavioural and Existential,
UNIT-3
4– Psychological Assessment of psychopathology; Diagnostic tests, Rating scales, History taking interview, Orientation to projective tests.
UNIT-4
5– Anxiety Disorders: panic disorder and Agoraphobia, specific phobias, social phobia, obsessive compulsive disorder, Generalised anxiety disorder.
6– Soma to form disorders: Dissociative – disorders

READINGS:
3– DSM IV classification as published by opt.

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Objectives :-

- To Acquaint the students its some kind of organization and human behaviour at Industrial organizational setting
- This course shows students how psychology will help them in their careers.

Unit-I

1. **Nature & Scope of Industrial Psychology**
   - Definition, Nature and Scope
   - Origin of Industrial Psychology
   - Industrial Psychology as a Profession

2. **Job Analysis**
   - Occupational Information
   - Job Analysis Uses
   - Sources of Information
   - Assembling Job Information
   - Job-Specification

Unit-II

3. **Evaluation Techniques & Employee Selection**
   - Individual Differences
   - Application Form
   - Employment Interview
   - References and Letters of Recommendation

Unit-III

4. **Psychological Testing**
   - Nature-Characteristics & Principals
   - An Overview of a testing Programmed
   - Administering Psychological Test
   - Types of Psychological Test
   - Advantages & Limitation of Psychological Testing

Unit-IV

5. **Engineering Psychology**
   - History and Scope of Engineering Psychology
   - Time and Motion Study
   - Person-Machine Systems
   - Workspace Design
   - Computers

6. **Safety and Accident Control**
   - Causes of Accident
   - Accident Proneness
   - Accident Control

**Basic Books :**

UNIT – I

1 Nature, Field and Function of Educational Psychology

- Meaning of Education
- Definition of Educational Psychology
- Field of Educational Psychology
- Function of Educational Psychology
- The Psychology of teaching
- Psychological aspects of teaching

2 Educational importance of various aspects of development

- Meaning and Nature of Growth and Development
- Principles of Developments
- Various stages of development
- Development and control of various emotions
- Function of emotions in life
- Social development and its Stages
- Interests of Adolescents
- Problems of Adolescents
- Characteristics of an effective teacher
UNIT – II

3 Intelligence and its measurement
- Definition and Nature of intelligence
- Uses and importance of intelligence test
- Limitations of intelligence test
- Type of intelligence test
- History of intelligence test
- Nature of intelligence test
- Difference between individual and group intelligence test
- Mental age, Intelligence Quotient and technique of intelligence measurement.

4 Aptitude and Aptitude testing
- Introduction
- The nature and Meaning of aptitude
- Measurement of Special ability or aptitude
- Types of aptitude tests

UNIT – III

5 Personality traits and their evaluation
- Meaning and Definition of Personality
- Theories of Personality (Types of Personality)
- Trait theories of Personality
- Methods of Personality measurement
- Determinants of Personality development
- Stages of Personality development

6 Educational importance of individual differences
- Introduction
- Causes of individual differences
- Types of individual differences Or Areas of individual differences
- Education and individual differences
- Some methods of individualization of students
UNIT – IV

7 Learning and General Principles of Learning

- Introduction
- Meaning and Definitions of Learning
- Theories of Learning
- Factors in human Learning
- Aspects of Learning

8 Motivation, Attitudes and Interest

- Definition of Motivation
- Nature and functions of motivation
- Classification of motivation
- Maslow’s theory of self actualization
- Frustration and Education
- Attitudes Definition and Nature
- Factors influencing the development of attitudes
- Interest and Education
- Attention and Interest
- Determinants of attention
- Distraction

Readings

VEER NARMAD SOUTH GUJARAT UNIVERSITY, SURAT.

B.A. SEMESTER-V (5)

PSYCHOLOGY PAPER – XVI (16)

Experimental Psychology (Practicals)-I

(To come in force from June-2013)

Duration 4 Hours

University Exam : 70 Marks
Internal Exam : 30 Marks
Total : 100 Marks

Note: The experimental Practical examination will be held for four hours. One experiment to be performed and one to be reported without actual performance and a viva voce examination there after to test candidate’s knowledge of principles experimentation procedure and instrumentation.

In Psychology Practical’s, one batch for performance of practicals should consist of 10 or less pairs of students depending upon the physical facilities in the laboratory. The report of every experiment included in the journal should have information regarding the experiment performed on the following 10 points.

1. Problem:
   Its statement purpose of the study or hypothesis to be tested, Introduction to the Problem either for clarification or development of the problem in brief.

2. Aim of Practical

3. Apparatus:
   Just listing of various apparatus and material used, If necessary diagram of the experiment all set up should be drawn.

4. Experimental design:

5. Variables:
6. **Procedure:**
   Describing exactly what is done from the beginning to end of the experiment, instructions list of variable independents, dependent and controlled methods of recording and treatment of the data.

7. **Result and discussion:**
   Summary tables the graphs and the introspective report to be included, raw data is to put in the appendix at the end of the experiment discussion of the results.

8. **Conclusions:**
   Brief precise and numbered points.

9. **References:**
   Book consulted

10. **Appendix:**
   Raw data, calculation sheets and original sheet used for recording purpose.

**Distribution of marks**

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<td>70</td>
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</table>
List of Practical (Any Six Practical Performed)

2. Division of attention
5. Association on reaction time (Free Association)
6. Effects of intention to learn
7. Transfer of training
8. To growth of Concepts

Readings
1. Kuppuswamy B.
   Elementary experiments in Psychology
   Mysore City, Western Press & Co. 1954.
2. Valentine C.W.
   Introduction to experimental Psychology
   N.W.I. University tutorial Press Ltd. 1953.
3. Woodworth R.S. & Schlosberg H.
4. कनावा अ.सी.
   प्रायोगिक मनोविज्ञान-प्रमोगपोषी
   युनिवर्सिटी प्रंतनिर्माण बोर्ड, अमदाबाद-1884.
UNIT-I

1. Questionnaire

- Introduction
- What is a questionnaire?
- Advantages of questionnaire
- The limitations of questionnaire
- General Principles of design
- Question content
- Open and Pre-coded questions
- Question Order
2. Interview Method

- Introduction
- Type of interviewing
- The interviewer’s task
- Selecting and training of interview office
- Necessary characteristics of interview officer
- Informal interviewing
- Comparison between formal and Informal interviewing

UNIT-II

3. Some principles of Sampling

- Population and sample
- Census enquiry and sample enquiry
- Parameter and statistic
- Sampling methods: - Random sampling, Stratified Sampling, Purposive sampling
- Biased Sampling
- Principles of Sampling
4. Psychological Testing
   - Definition
   - Nature of Psychological Tests
   - Administration and scoring of the test in general
   - Scoring problems
   - Types of Psychological Tests
   - Uses of Psychological Tests
   - Sources of information
   - Principal reasons for controlling the use of Psychological Test
   - The professional ethics

Unit-III

5. Variability
   - Measurement of Variability
   - Range, quartile deviation, computing quartile deviation
   - Average deviation
   - Standard deviation
   - Long and short methods of computing SD for grouped and Ungrouped Data
Unit-IV

6. Percentile and Percentile rank
   - Computing Percentile
   - Rank from ranked data

7. Correlation
   - Concept of Correlation
   - Rank difference Correlation

Reading
1. Anderson B.F.
2. Zimmy George H,
3. Noser C.A.
4. Guilford J.P.
5. Anastasi A.
6. Young Palline V.
   'Scientific Social Surveys and Research’, New Delhi, India.
7. Festinger L. and Katz D.
   Research methods in behavioral Sciences’ New Delhi, Amerind-1970.
8. Garrett H.E.
   'Elementary Statistics New York, Langmans Green & Com.
9. Dowhie N.M. and Health R.V.
   'Basic Statistical Methods’, Harper national student
10. Ujamshi Kapadiya, Shah & Patel
OBJECTIVES:

Aim of syllabus is to familiarize with the counseling importance the nature of counseling highlight various application fields of counseling and use of different counseling techniques.

1– COUNSELING TECHNIQUES:

– Outline of various theories and methods of counseling.
– Role of yoga and meditation in counseling techniques.

2– VARIOUS COUNSELING APPROACH:

– Psychodynamic approach.
– Humanistic approach.

Behavioral approach.

3– SCOPE OF COUNSELING IN SOCIETY:

– Child counseling.
– Family counseling.
– Career counseling.

– Crisis management counseling.
– Mob / Mass counseling.
– Alcohol / Drug abused counseling.
– School counseling.
4– **COUNSELING:**
   - Mal adjustment.
   - Health.

5– **GROUP COUNSELING:**
   - Meaning, process Types.
   - Aims and needs of group counseling.

**REFERENCE BOOKS JOURNALS:**

3– "Psychological Counseling in India" by Fuster J.M. Macmillan Company (1964)
5– "Stress and its management by Yoga" by Udupa, K.N. Publisher, Moti1al Bansari Das. (1985)
6– "Counseling, Theory and Process" by Hansen J.C., Stevic R.R. & Warner R.W. Publisher Allyn and Bacon Inc.
7– "Guidance and Counseling in India Education" by Prem pasricha publisher, NCERT, New Delhi (1976)
9– "Counseling in Action" by Windy D. Publisher, Sage Publication (1988)
10– "Salah Manovigyan" by Dr. S.T. Patel Publisher University Grant Nirman
11– "Salah Manovigyan" by Prof. C.B. Dave, K.K. Mehta Publisher Viral prakashan.
VEER NARMAD SOUTH GUJARAT UNIVERSITY, SURAT

T. Y. B. A. (Sem. – VI)

PSYCHOLOGY P. -19

PSYCHOPATHOLOGY -II

To come in force from – June, 2013

Duration 3 Hours

University Exam 70 Marks

Internal Exam 30 Marks

Total: 100 Marks

OBJECTIVES :
1– To impart knowledge about the normality and abnormality
2– To make students Understand the nature and course of various abnormal conditions.
3– To impart knowledge and skills needed for psychological assessment of different abnormal conditions.

CONTENTS :

UNIT-1

1– Mood Disorders : Manic episode, Depressive episode, Bipolar affective disorder, Dysthymia.

UNIT-2

2– Schizophrenia: Delusional disorder, Brief psychotic disorder.
UNIT-3
3– Disorders due to psycho dire substance use: Alcohol and drug dependence.

UNIT-4
4– Personality, Impulsive, Borderline, anxious avoidance dependent personality.
5– Stress disorders: Stress due to normal calamities like earthquake, storm, etc, and life events.

READINGS:
3– DSM IV classification as published by opt.
Objectives :-
- To Acquaint the students its some kind of organization and human behavior at Industrial organizational setting
- This course shows students how psychology will help them in their careers.

Unit-I

1. Work Environment
   - Work Environment
   - Fatigue Meaning, Nature, Measurement
   - Components of Fatigue
   - Alleviation of Fatigue
   - Boredom-Meaning & Nature
   - Personal Characteristics related to Boredom, Alleviation of Boredom

2. Motivation and Incentive
   - Motivation
   - Motivation Theories
     1) Need Hierarchy Theories
     2) ERK Theories
     3) Motivator-Hygiene (Two Factor) Theories
     4) Job Characteristics
   - Incentives, Financial and Psycho-Social incentives.
Unit-II

3. Job Satisfaction and Morale
- Job Satisfaction
- Components of Job Satisfaction
- Characteristics of Satisfied worker
- Job-Satisfaction and Performance
- Industrial Morale
- Determination of Morale
- Improving Morale

4. Stress in the Workplace
- Occupation Health Psychology
- Physiological Effect of Stress
- Individual Differences in Stress Responses
- Causes of Stress in the work place
- Effects of stress in the work place
- Treating stress in the work place

Unit-III

5. Organization
- Meaning and Characteristics of Organization
- Structure and function of Organization
- Type of Organizational Structure
  Importance of Organizational Structure

Unit-VI

6. Leadership in Organization
- Introduction
- Changing view of leadership
- Approaches to the Study of leadership
- Leadership Styles
  1)Headship versus leadership
  2)Authoritarian versus democratic
- The role of Power in leadership
- Function of leaders in the Organization
- Characteristics of leaders in the Organization-Supervisors-Executive
Basic Books:

UNIT – I

1  Effective Study Habits, Memory and Forgetting
   - Meaning and Nature of Study.
   - Factors affecting study.
   - Suggestions for effective study.
   - Study habits that Contribute to the efficiency of learning.
   - Memory.
   - Favorable Conditions in recall.
   - Economical methods of memorizing.
   - Signs of good memory.
   - Forgetting.
   - Causes of forgetting.

2  Acquiring motor skills and knowledge, Reflective and Creative thinking.
   - Introduction.
   - Aspects of motor activity.
   - Determinants of acquiring motor skills ability.
   - Characteristics of motor learning.
   - Some Principles of Physical learning.
   - Curve of Learning.
- Perceptual learning.
- The development of Meaning.
- Concept formation.
- Characteristics of child’s Concepts.
- Factors affecting the developments of children’s concepts.
- Thinking and Reasoning.
- Instruments of thinking.
- Favorable Conditions in thinking.
- Reflective and creative thinking.
- Levels of thinking.
- Creative thinking.
- Reasoning.
- Problem Solving and its steps.
- Training rational thinking.

**UNIT – II**

3 **Transfer of Training**

- Meaning and importance of transfer of training.
- Type of transfer of training.
- Theories of transfer of training.
- Experiments dealing with transfer of training.
- Importance elements in transfer of training.
- Transfer of training and Role of teacher.

4 **Nature and Scope of Educational Evaluation**

- Introduction
- Importance of achievement measurement of student.
- Scopes of student evaluation.
- Classification of Psychological test.
- Characteristics of good tests.
- Present system of evaluation and its detects.
- Various techniques of achievement measurement.
- Standardized tests for evaluation.
- Educational Quotient and Accomplishment Quotient.
UNIT – III

5 Education for Health and Safety

- Introduction.
- Interpretation of health and physical education.
- Education for health.
- Physical education and Psychological factors.
- Safety education.

6 Vocational explanation and adjustment

- General Psychological factors in selection of a vocation.
- Importance of vocational guidance.
- Training for business and vocation
- Industrial art.

UNIT – IV

7 Education for exceptional children

- Definition of exceptional child.
- Problems of backward children.
- Categorization of exception students.
- Characteristics of the backward child.
- Causes of Problematic behavior.
- Cure of problem child.
- Gifted children.
- Education of gifted children.
- Home and social adjustment of the gifted students.
- Creative children.
- Reading disabilities.
- Theories of reading disabilities.
- Defects and abnormalities of character.
- Behavior disorders in students.
- Juvenile delinquency and education.
- Planning for exceptional students.
8 Behavior Drives, Individual Adjustment and mental hygiene

- The nature of human drives.
- Inner urges and their value.
- Meaning of adjustment.
- Elements of adjustment.
- Motives and adjustment.
- Adjustment Mechanisms.
- Causes of Maladjustment.
- Social factors for maladjustment.
- School and maladjustment.
- Mental Hygiene.
- What is mental hygiene.
- Goals of mentally healthy person.
- Mental healthy.
- Mental health and education.
- School-family and mental health.
- Causes of teachers maladjustment

Reading

1. Anderson B.F.
   'The Psychology experiment and Scientific method,
   Belmont, California, 1961.
2. Zimmy George H,
   'Method of Experomental Psychology’, New York
3. Noser C.A.
   1967.
4. Guilford J.P.
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List of Practical (Any Six Practical Performed)

1. Span of attention
2. Learning by mirror drawing
3. Learning to trace the maze
4. Conceptual contact and learning
5. Learning-letter-digit substitution
6. Immediate span of memory
7. Fatigue-mental fatigue
8. Whole v/s part method of learning

Readings

1. Kuppuswamy B.
   Elementary experiments in Psychology
   Mysore City, Western Press & Co. 1954.

2. Valentine C.W.
   Introduction to experimental Psychology
   N.W.I. University tutorial Press Ltd. 1953.

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   प्रामाणिक मनोविज्ञान-प्रमोगपोषी
   युनिवर्सिटी प्रांगणिशाल बोर्ड, अम्बावाड़-1884.